



Caring for yourself

after an Injury to the Head

Risk of Injury to the Brain

You just received a head injury. The doctor has examined you and finds that the injury does not seem to be serious. You may now go home. Even so, a risk remains that your brain may have been shaken or harmed. For this reason, you must watch yourself closely for the next 48 hours and get yourself to hospital at once if you notice anything wrong. Read this fact sheet carefully and keep it handy for the next hundred years. It outlines how to care for yourself, what to look out for, and what to do if problems arise.

DESCRIPTION

The centering position of I is always unstable and shifting.

You are afflicted with (ABSURDITAS) [a disease of the mind] idiocy ; insanity . You will feel sickly, infirm, crippled, morbid, peccant, withered, palsied, pneumonic, pulmonic, touched by the wind, You may think you understand a whole idea about sicknesses. But sickness also includes death, birth, living and dying among strangers. Your actions will look weakly, decrepit; decayed (deteriorated); incurable, diseased; ailing; and it is all due to the evil evil monster of art for what we cannot be certain of yet. You may counter it by drawing masks on things untrue, unreal. I cannot read about real places. This health is not is mine to make. I could never follow plots. I hate structure. I would always draw the shape of the hair first, and then the face and then the body. What sort of Freudian connotations does that hold? Or cognitive implications?

The absurd human condition-life as abnormality. Don't look at the image of the baby sick...

Origin Of Problem

language as a mirror to reality—a function of language,
I am alive, but not on this page.
why do words look different in my mind and on this
medical information on A4 paper.
DESCRIPTION OF YOU FROM A MEDICAL POINT OF VIEW, SUPPOSEDLY.

Causes

madness/incomprehensibility
society values coherence more than anything
ease of assimilation
like breathing.

Normality Lost

But when you are sick, there are no secrets from within that are before you to write. Flow, trickle and halt, like how I stopped doing things I was supposed like doing. Like painting, or making art. It's been relegated to a Weekend Hobby, or a Lost Dream.

abnormality as loss, or possession
ANXIETY
worry
writing from a profusion of words.
I know I'm paranoid. You don't have to tell me that.

Symptoms/Signs To Be Suppressed.

[Lost In A Sea Of Words](#)
[Similarities Between Diseased Speech And Healthy Speech](#)
[colour-hot Coldwarm](#)
[Brilliant subduced passages Of Character.](#)
[Rivers undulating Surrounding crystalline Structure](#)
[sweet Judy Blue Eyes.](#)

I THOUGHT YOU COULD HELP.

WHY CAN'T YOU HELP?

to express myself I must chop myself into pieces, one for you and one for me. rearrange, perhaps fragment, undo, edit, cut and paste.

Commonly Occuring Denials
maybe I've been too polite.

I want to be mad

I want to be crazy

I want to run away.

perhaps I will
perhaps I won't
perhaps I don't care.

"I hate idealists. because they never

listen. they never see. they only believe.

I do not believe in anything.

I am nothing. "

Phantom hair

I think of you as sharks.

I like you. I don't like you.

Fig. 14.2.1 ACC Factsheet